

Our message comes from Camilla Hall, nursing home and retirement center for our sisters. How do we continue to live the messages of contemplation and action hidden in this seal?



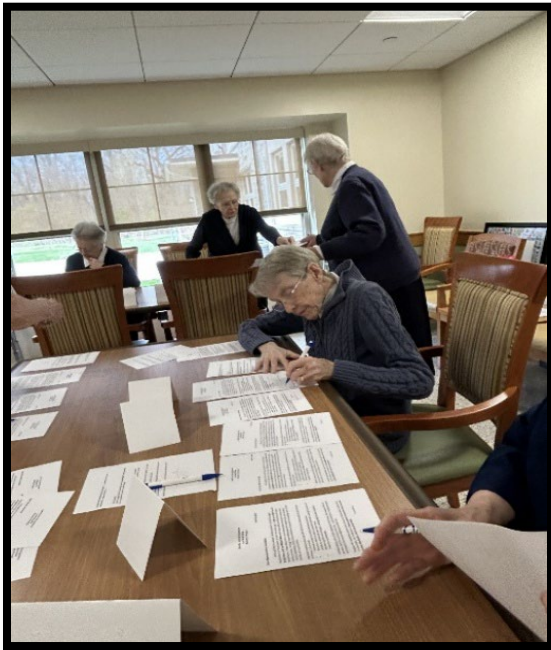
Starting with the heart at the center, the beautiful loving heart of Mary, our Mother...alive with the fire of the Holy Spirit and pierced with the pain of her son's suffering, we IHM's were energized from our first days as Sisters, Servants of the Immaculate Heart of Mary and continue to be even though retired after 60, 70 or more years in ministry.

The love in this heart calls us to deepen our love for Jesus and Mary and to lift our hearts in deeper personal prayer, Mass and Adoration of the Blessed Sacrament.

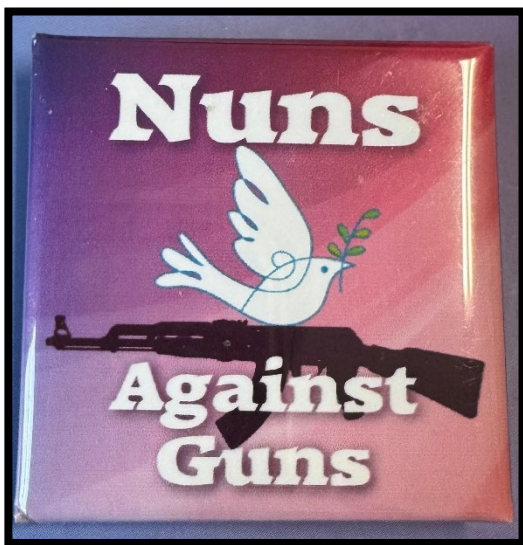


These attitudes and times of prayer are symbolized in the **gold circle enclosing the seal.**

Strengthened by prayer and sacrifice, our ministry of serving continues in many ways. Such as packing meals for the homebound...



Writing letters or calling congress to save Medicaid and SNAP...



or pass laws against gun violence...

sending donations to our sisters at the Border
or to the Texas victims of recent floods...



The responsibility to ministry continues... as represented, in the blue circle, bordering the seal...

Retirement here doesn't mean closing ourselves to the world, but it is an opportunity to grow moment by moment ...closer to our Divine Lord and also to give to Him the needs and troubles of our world, trusting in his compassionate love to bestow peace on all.