

# Prayer Series: Four Evenings, Four Topics on Prayer



Presenter:  
**Sister Kathy Benham, IHM**

**Thursday Evenings –  
March 12, 19, 26, and  
April 16, 2026  
7:00 p.m. – 8:30 p.m.**

Participants will be introduced to various methods of contemplative praying and have time to practice each method of prayer during the course of the evening.

**March 12: Invitation to Prayer**

**March 19: Lectio Divina ("Divine Reading")**

**March 26: Ignatian Contemplation**

**April 16: Visio Divina ("Divine Seeing")**

*Come to  
as many  
evenings as  
you wish!*

**To register, visit [www.ihmimmaculata.org](http://www.ihmimmaculata.org), click on the Prayer/Retreat Opportunities tab and scroll down to the IHM Spirituality Center, or fill out the form below. Questions? Contact Sister Anne Marie Stegmaier at [ihmspcenter@gmail.com](mailto:ihmspcenter@gmail.com) or 610-647-4136.**

**\$15.00 each night or \$45.00 for the whole series. To register, complete the form below and mail with fee to: IHM Spirituality Center, 210 IHM Drive, Malvern, PA 19355.**

**PLEASE CHECK DATES ATTENDING:  March 12  March 19  March 26  April 16**

**Name: \_\_\_\_\_**

**Full Address: \_\_\_\_\_**

**Phone Number: \_\_\_\_\_**

**Email address: \_\_\_\_\_**