Prayer Series: Four Evenings, Four Topics on Prayer

A Retreat at the IHM Spirituality Center

Wednesday Evenings:
September 23, 30, and October 21, 28, 2026

7:00 p.m. - 8:30 p.m.

Presenter: Sister Kathryn Benham, IHM

Participants will be introduced to various methods of contemplative praying and have time to practice each method of prayer during the course of the evening.

September 23: Invitation to Prayer
September 30: Lectio Divina ("Divine Reading")
October 21: Ignatian Contemplation
October 28: Visio Divina ("Divine Seeing")

Come to one or to all sessions!

$15 each night or four nights for $45

To Register:

Scan the QR code, visit ihmimmaculata.org, or return the bottom portion of this flyer with payment. (Cash or check payable to "IHM Spirituality Center")

Mail payment to: IHM Spirituality Center, 210 IHM Drive, Malvern, PA 19355

Questions? Contact Sister Anne Marie Stegmaier at ihmspcenter@gmail.com or 610-647-4136.

PLEASE CHECK DATES ATTENDING: ____Sept. 23 ____Sept. 30 ____ Oct. 21 ____ Oct. 28

Name: _____

Address: _____

Phone Number: _____

Email address: _____

IHM Spirituality Center – 210 IHM Drive, Malvern, PA 19355