



NEWSLETTER

October, November, December 2024

Volume 34, Issue 1

HEARTFELT GRATITUDE



Appreciation and blessings to Sister CPM Facilitators: S. Rose Caritas Batcho, St. Pius X, Broomall, S. MaryAnne Bolger, Sacred Heart, Bridgeport, S. Linda Taber, Runnemede, NJ, and S. Rosemary (Mimi) DePaul, St. Patrick, Norristown, for their many years of dedication and commitment to our IHM Companions. Their spiritual leadership and prayerful sharing have enriched the faith life of our IHM Companions in Prayer and Ministry. God bless you, dear Sisters, in your new assignment and know you are ALWAYS welcome to join our retreat days for Companions at Villa Maria House of Studies when they begin again.



IHM COMPANIONS IN SAINT DOMINIC PARISH, PHILADELPHIA, PA

The founding of St. Dominic Parish in Philadelphia 175 years ago was a year-long celebration for the parish community. Our IHM Sisters arrived to staff the school in 1884. To this day, the IHM Sisters have had association with the parish members, presently with the IHM Companions in Prayer and Ministry. The group is pictured in the new prayer grotto around the statue of Our Blessed Mother that formerly stood in the convent yard. Companions helped with the installation of the flowers and prayer benches. Many pedestrians on Frankford Avenue stop to pray or arrange flowers, now that the grotto is available. Our Companions are proud of their contribution of labor and plants that give honor to Mary.



Fall Afternoon of Reflection – November 17, 2024
Villa Maria House of Studies – 1:00 pm to 4:00 pm
No fee necessary

Month	Virtue	Patron	Scripture
October	Recollection & Silence	St. Simon	Matthew 13:23
November	Prayer	St. Thaddeus	Luke 18:1
December	Self-abnegation & Love of the Cross	St. Matthias	Matthew 16:24

(Over)

IHM PRESENCE INITIATIVE

The IHM Congregation has started a new initiative whose goal is to extend our presence, charism, spirituality and visibility beyond our IHM circle. As part of this initiative, a monthly email containing information about these areas is shared with the recipient. The email will also contain spiritual opportunities of events and retreats hosted by our sisters. If you would like to receive this information, please send your email to Sister Francis Helen: (ihmcompanions@gmail.com).

CULTIVATING COMPANIONSHIP WITH A SISTER AT CAMILLA HALL

Companions-Prayer Partners

Members of our IHM Companions in Prayer and Ministry are asked to consider volunteering to be a Companion/Prayer Partner to an assigned sister living at Camilla Hall. Those who volunteer will be asked to companion and pray for one of our sisters.

Companions/Prayer-Partners will be asked to:

- Visit, phone or FaceTime a sister periodically
- Send holiday, feast day and birthday cards
- Give the gift of presence and concern
- Pray for and with your sister companion



Our aim is to have each sister at Camilla assigned to a Companion/Prayer Partner who can visit on periodic basis. Sisters and Companions in Prayer and Ministry who volunteer will be assigned an individual sister at Camilla. For our Companions in Prayer and Ministry who are not in driving distance to Camilla, you can still volunteer to be a long-distance Companion/Prayer Partner who will FaceTime, write and pray for one of our sisters in Camilla. Please consider volunteering.

If you have questions regarding Companion/Prayer Partners, please contact:

Sister Francis Helen Murphy, IHM ihmcompanions@gmail.com

Sister Kathleen Schipani, IHM s.k.schipani@ihmimm.org

LINK TO VOLUNTEER RSVP: <https://forms.gle/EfBtSombYxg9JJE59>