



Morning of Quiet Prayer Retreats

IHM Spirituality Center • 210 IHM Drive • Malvern, PA 19355

Enjoy a quiet morning in the presence of God. The day begins with Morning Prayer (Liturgy of the Hours), followed by a short Conference on Prayer. Quiet time will be available to spend in the presence of the Blessed Sacrament in Sacred Heart Chapel, to pray the Stations of the Cross (available in the chapel, the arcade, and outside), and to walk around the grounds, enjoying nature, and visiting the outside shrines. There will be Midday Prayer followed by departure.



9:00 a.m. – 12noon

Wednesday, October 15, 2025 (Deadline October 13)

OR

Wednesday, November 19, 2025 (Deadline November 17)

Cost: Free Will Offering (come for part or all of the morning)

Questions? Contact Sister Anne Marie Stegmaier, IHM at ihmspcenter@gmail.com or (610) 647-4136.



To register, please email (ihmspcenter@gmail.com), call (610-647-4136), OR mail the bottom portion of this flyer to: *IHM Spirituality Center, 210 IHM Drive, Malvern, PA 19355*

A Morning of Quiet Prayer

Cost: Free Will Offering

Please mark the date that works for you! ____ October 15 ____ November 19

Name: _____

Full Address: _____

Phone Number: _____

Email address: _____