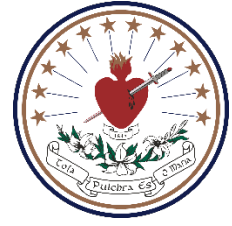


Mission Moment

VMA Board

September 2024



Virtues of the Congregation

This year I would like to focus on our congregational virtues: Humility, Simplicity, Self-abnegation and Devoted Charity!

These four virtues express our original spirit, the legacy of St. Alphonsus through our co-founders Fr. Gillet and Mother Theresa Maxis, and our first sisters.

Humility and Simplicity, called the foundation virtues by Fr. Gillet, enable the sisters to accept with a whole and undivided heart the truth of their own weakness and powerlessness. At the same time, these virtues instill confidence that God will give the increase to those created in his own image.

I would like to share a quote on Humility from Fr. Gillet, St. Alphonsus and St. Teresa of Avila, our patrons.

Fr. Gillet: “The truly humble soul will live in entire conformity to the will of God, persuaded that nothing will happen to her (or him) except for her (or his) own good. We may not be able to do great things for God as the saints did, but we can be humble in the knowledge of our helplessness.”

St. Alphonsus: “True humility is not thinking less of oneself; it is recognizing our total dependence on God.”

St. Teresa of Avila: “There is more value in a little study of humility and in a single act of it than in all the knowledge in the world.”

We are all called to live a humble life acknowledging that all that we have and all that we are come from our loving God. We read in Scripture: “What do we have that we have not been given?” All is gift!

Jesus, meek and humble of heart, make our hearts like unto yours!”