

# Chapter Preparation



## "Fermentation of Newness"

As we prepare for our Pre-Chapter meetings, we continue to consider our "ponderings" in the monthly Angelus. The hope is that we deepen our reflections by offering suggestions to lead us to a contemplative posture in order to ready our minds and hearts for Chapter 2023.

## Contemplative Practice

- Pray with your deepest desires for your growth in your religious vocation
- Pray with your deepest desires for your growth in community life



## An Optional Resource

**...Listen:**

[Center of My Life: Litany of Saints](#)

**...Ponder:**

["When We Breathe Together"](#)  
[Click Here](#)