

# Feminine Energy

Sister Helen David Brancato

January 12<sup>th</sup> - end of February 2025

Show Title: Feminine Energy



This exhibit features the courage and strength of women from various ages and backgrounds who have lived their lives with passion and compassion. These women had a willingness to risk and they responded to the needs of their times. Some spoke truth to power. Others, like Dorothy Day, gave their lives to the poor and embraced the stranger by founding the Catholic Worker Movement. Hildegard of Bingen, mystic and visionary, suffered exile for the doing of right. Fidelity and endurance characterized these women.

My painting titled "Song Over the Waters" depicts Eve as well as all creative women who continue to release their energy through writing, painting, teaching, healing, and helping others. From the early mystics, to the more current female artist, Frida Kahlo who painted her pain, as well as her hopes and dreams. In working with the women of the Southwest Community Enrichment Arts Center, I wanted to honor the many ways that they expressed their talents and gifts. The painting, "Quilting Party" demonstrates how one generation continues to pass on their gift of quilting to their children. Hopefully my portraits honor the poets, the scholars, the visionaries, the advocates, the peacemakers, the artists, the musicians and writers.

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