

The IHM

Justice, Peace, and Integrity of Creation Committee

invites you to a monthly half hour

## CONTEMPLATIVE PRAYER

The third Thursday of every month

Zoom link below

Thursday, November 20th

6:30 - 7:00pm (Eastern Time)

*Cry for Justice*

Contemplative Focused Prayer

*Sending forth our focused, prayerful, and intentional love  
for the transformation of the world*

# HAITI

<https://tinyurl.com/4wewcaju>

**Zoom Link**

Each month, we will hold  
in our contemplative space,  
a specific country or area  
of the world in special need of  
healing peace.

No preparation necessary.

All you have to do is  
show up on the zoom  
and believe that  
our prayerful, intentional,  
and focused prayer  
will make a difference  
for the transformation

of the world  
and for the transformation  
of our own hearts.