



# NEWSLETTER

October, November, December 2020

Volume 30, Issue 2

+Dear IHM Companions in Prayer and Ministry and Facilitators,

During these uncertain days of Covid19, I wish to extend to all the prayerful support of our IHM Congregation as we find ways to stay safe and healthy through the intercession of Jesus, the Divine Healer, and sustained by his most Blessed Mother. You and your loved ones are prayed for each time we gather in Sacred Heart Chapel.

As a result of social distancing and keeping safe, we have cancelled large gatherings here at Villa Maria House of Studies. That being the situation, we will NOT have our retreat gatherings in November 2020 nor April 2021.

We ARE inviting our IHM Companions to the Cathedral Basilica of SS. Peter and Paul in center city Philadelphia for Mass and luncheon with our Sisters on Sunday, April 18, 2021 to celebrate the founding of our IHM Congregation 175 years ago. More information will be sent in February's Newsletter.

Blessings and peace, *Sister Francis Helen, IHM*

## HEARTFELT GRATITUDE



Appreciation and blessings to Sister Maureen Christi (left) St. Pius X, Broomall, and Sister Mary Beth Coyle (right), Saints Simon and Jude, West Chester, for their many years of dedication and commitment to our IHM Companions. Their spiritual leadership and prayerful sharing have enriched the faith life of our IHM Companions in Prayer and Ministry. God bless you, dear



Sisters, in your new assignment and know you are ALWAYS welcome to join our retreat days for Companions at Villa Maria House of Studies when they begin again.

Month	Virtue	Patron	Scripture
October	Recollection & Silence	St. Simon	Matthew 13:23
November	Prayer	St. Thaddeus	Luke 18:1
December	Self-Abnegation /Love of The Cross	St. Matthew	Matthew 16:24

Please email or duplicate this to your individual members. Many thanks and God bless.