

Chapter Preparation



As we prepare for our Pre-Chapter meetings, we continue to consider our "ponderings" in the monthly Angelus. The hope is that we deepen our reflections by offering suggestions to lead us to a contemplative posture in order to ready our minds and hearts for Chapter 2023.

Contemplative Practice

- What gift/grace from the Holy Spirit reflects my own longing? Might I want to pray for that as a personal mantra in preparation for Chapter?
- In this holiest of weeks, where is the Spirit leading me to let go of that which is not lifegiving so as to make room for new life?



An Optional Resource

...Listen:

Veni Creator Spiritus

performed by Jean Watson

...Ponder:

Rough Translations

poem about Hope by Jan Richardson