



Laudato Si Environmental Education Continued 2023 - 2024

These are the new resources for our 2nd Year Laudato Si Action Plan. As you look at them, the committee encourages you to choose a new topic for this year's action plan. However, if your local community decides it would like to spend more time with last year's topic, find ways to go even deeper into the topic this year and create new actions for it. Last year's resources will still be available on the IHM Website under Laudato Si 1st Year Action Plan.

Carbon Footprint

1. In 2023 the University of Michigan's Center for Sustainable Systems published a factsheet on the carbon footprint created by the average U.S. household. This is both interesting and challenging.

<https://css.umich.edu/publications/factsheets/sustainability-indicators/carbon-footprint-factsheet>

2. 35 Ways to Reduce Your Carbon Footprint created by Constellation Energy, a company dedicated to providing green energy solutions to America's energy needs.

<https://www.constellation.com/energy-101/energy-innovation/how-to-reduce-your-carbon-footprint.html>

3. Podcast on The Carbon Footprint of What We Eat by Michael Gregor, MD

<https://www.youtube.com/watch?v=rnRbZf2IX3g>

4. Video: The Simpleshow Explains the Carbon Footprint

https://www.youtube.com/watch?v=8q7_aV8eLUE

5. Website: The Carbon Footprint of the Internet by Climate Impact Partners

<https://www.climateimpact.com/news-insights/insights/infographic-carbon-footprint-internet/>

Water Quality

1. Website: [45+ Ways to Conserve Water in the Home and Yard](#)

2. Website by WWF on water scarcity

<https://www.worldwildlife.org/threats/water-scarcity>

3. Video: How to fix the Water Crisis a CNBC Marathon
<https://www.youtube.com/watch?v=EPwQ5mygJ-8>

4. Video: Water Conservation Tips
<https://www.youtube.com/watch?v=4MDLpVHY8LE>

Recycling

Articles

1. Fixing our recycling: <https://news.climate.columbia.edu/2020/03/13/fix-recycling-america/>
2. Electronic Recycling: <https://urbanerecycling.com/>
3. US Recycling System: <https://www.epa.gov/circulareconomy/us-recycling-system#RecyclingBenefits>

Videos

1. PBS on recycling: <https://www.pbs.org/video/your-recycling-is-not-always-being-recycled-here-s-why-1619380259/>
2. How Recycling Works: <https://www.youtube.com/watch?v=wsfE9ab8lg4>
3. EPA: Reducing Waste: <https://www.epa.gov/recycle/reducing-waste-what-you-can-do#Tips%20for%20Home>

Websites

1. Recycling Paper Products: https://www.howlifeunfolds.com/sustainability/can-i-recycle-what-do-paper-cardboard-more?gclid=CjwKCAjwivemBhBhEiwAJxNWN0KTUzXmr7bjaZ_yxgtr_CcVNCZsRER84EVVtLCpXncl1JitFOwXOhoCDcoQAvD_BwE&qclsrc=aw.ds&ut

Conservation of Natural Resources

1. Read this article from Master Class: 8 Tips on How to Conserve Natural Resources at Home.
<https://www.masterclass.com/articles/how-to-conserve-natural-resources>
2. 41 Ways to Conserve Natural Resources. This is an informative article that includes instructive videos to help us think more about conserving natural resources.
<https://www.environmentbuddy.com/health-and-lifestyle/41-best-ways-to-conserve-natural-resources/>
3. 100+ Ways to Conserve Resources As we look through these suggestions, perhaps we can find new actions we never thought about before.
<https://nrlp.appstate.edu/resources/savings/100-ways>

4. Websites
<https://www.dcnr.pa.gov/Pages/default.aspx>

<https://www.nrcs.usda.gov/>