

Chapter Preparation



"Our Empty Canvas"

As we prepare for our Pre-Chapter meetings, we continue to consider our "ponderings" in the monthly Angelus. The hope is that we deepen our reflections by offering suggestions to lead us to a contemplative posture in order to ready our minds and hearts for Chapter 2023.

Contemplative Practice

"Our Empty Canvas"

- What prayer is God speaking to your heart that will infuse your participation in the work of chapter?
- As we wait before our communal empty canvas, what do you hope will be revealed as our IHM picture unfolds?
- Sit with one of your deepest desires (your own personal blank canvas). Do some journaling. Be aware of something new infusing your words.



An Optional Resource

...Listen

Empty Canvas

by John Michael Talbot