

Sankofa Bird - 175 Anniversary of IHM Congregation



Sankofa - Ghanaian word which means “Go back and fetch it.”

It symbolizes the belief that the past serves as a guide for planning the future. It represents a people's quest for knowledge with the implication that the quest is based on critical examination, and intelligent and patient investigation.

Look to the past to move forward...Ghana

- We are like the Sankofa bird with our feet planted firmly forward.
- We have learned too much to think there is a "normal" to which we can return.
- We ask ourselves: Do we have the courage to turn our head backwards?



Nancy Sylvester

Mythical bird that flies forward while looking back



- Take time to turn your head backwards and see what other wisdom emerges from our past. What are those beliefs and values that we will need if we are to learn from this moment and move forward together?

Follow HOPE...

- Do we have the courage to follow hope calling us forward?

