

**I pledge to take action against  
domestic violence by choosing not  
to remain silent.**

Instead, I will speak up for those  
in my neighborhood, family, work or  
school who are victims of abuse.

I will create a peaceful and safe  
environment in my home;  
and will not raise my hand in violence  
nor my voice in anger.

By living this pledge, I am joining with  
others to end violence in my home  
and community.

Name \_\_\_\_\_

Date \_\_\_\_\_