



NEWSLETTER

May, June, July 2019

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April 2019 IHM Companions' Retreat Weekend



Our weekend retreat Companions had prayerful encounters within the schedule that included Mass, Morning and Night prayer, Confessions, Video of Our Mother of Perpetual Help, beautiful weather for outdoor Stations of the Cross, socializing with our Novices and local IHM Sisters as well as making excellent suggestions for future weekend retreats. I thank Patricia Aberle, Nina and Violet Cali, Joanne Kenny, Helene Labacz, Diane McTiernan, Pat Saybolt, Ellie Thomson and



Laurie Wojculeqicz for their participation in this first time endeavor. All our IHM Companions were prayerfully remembered all weekend.



Our Sunday retreat provided information on the artist's painting and devotion to Our Lady, Untier of Knots, adoration of the Blessed Sacrament and quiet prayer, knot rosary-making and Eucharistic Celebration of the Fifth Sunday of Lent with Rev. Dennis J. Carbonaro. I thank our IHM Companion, Maureen Preston, for her hours of preparation of materials to instruct us in the

making of a knotted rosary. Maureen invited her niece, Maureen and grandniece, Faith, age 10, to help us in this endeavor. Sixty Companions went home with a pre-made knotted rosary from Maureen, colored instruction sheets on how to complete the rosary they began, and the promise of praying the rosary for Maureen and her family for their goodness to us. God bless your time, efforts and generosity, Maureen. We now have a better appreciation of the skill and time that go into rosary making.



Please save the following dates: Sunday, November 10, 2019
 Fall Gathering of IHM Companions in Prayer and Ministry
 1:00 p.m. – 4:00 p.m. Villa Maria House of Studies

Sunday, April 19, 2020
 Spring Day of Retreat of IHM Companions Prayer and Ministry
 9:30 a. m. – 3:30 p.m.

For an IHM Companion Retreat Weekend: Friday, April 17, 2020 to Sunday, April 19, 2020
 Arrival Friday, April 17, 2020, Spirituality Center after 3:00 p.m.
 Departure Sunday, April 19, 2020, after 2:30 p.m. Mass



Month	Virtue	Patron	Scripture
May	Poverty	St. Thomas	Matthew 5:3
June	Purity of Heart	St. James the Less	Matthew 5:8
July	Obedience	St. Philip	John 12:25

Please duplicate or email this Newsletter to your local IHM Companions. Thank you & God bless!